

# AUTISM SPECTRUM

WITH WELLBEING IN MIND

Autism is classically known as a spectrum condition because it includes a range of linked symptoms and traits. It is a lifelong neurodevelopmental condition that impacts on the way the person experiences and interacts with the world.

MAIN DIFFICULTIES INCLUDE:

- Difficulties in social communication and interactions
- Repetitive patterns of behaviour
- Restricted interests and activities

**ONLY 16%**  
of adults with autism are in full-time employment.

Around 50% of autistic people also have an associated learning disability.

The first signs of autism more often appear before 30 months of age.



**1 in 100** PEOPLE IN THE UK HAVE A DIAGNOSIS OF AUTISM



**BOYS ARE 4X** MORE LIKELY TO HAVE AUTISM THAN GIRLS